

## Medi-CareFirst BlueCross BlueShield 2008 Transition Notice

### What if my current prescription drugs are not on the formulary or are limited on the formulary?

#### New Members

As a new member in our plan, you may currently be taking drugs that are not on our formulary or are on our formulary but your ability to get them is limited.

- In instances like these, you need to talk with your doctor about appropriate alternative drugs available on our formulary. If there are no appropriate alternative drugs on our formulary, you or your doctor can request a formulary exception.
- If the exception is approved, you will be able to obtain the drug you are taking for a specified period of time.
- While you are talking with your doctor to determine your course of action, you may be eligible to receive an initial transition supply up to a 30-day supply of the drug anytime during the first 90 days you are a member of our plan, unless the drug is denied for safety reasons.
- For each of your drugs that is not on our formulary or for situations where your ability to get your drugs is limited, we will cover a temporary supply up to a 30-day supply when you go to a network pharmacy.
- After your first 30-day transition supply, we may not continue to pay for these drugs under the transition policy.
- You are reminded to discuss with your doctor appropriate alternative therapies on our formulary and if there are none, you or your doctor can request a formulary exception.

#### Long-Term Care Facility Residents

- If you are a resident of a long-term care facility, we will cover a temporary transition supply up to a 31-day supply.
- We will cover more than one refill of these drugs provided the total amount filled during the first 90 days you are a member of our plan does not exceed 93 days supply.
- If you need a drug that is not on our formulary or your ability to get your drugs is limited, but you are past the first 90 days of membership in our plan, we will cover up to a 31-day emergency supply of that drug while you pursue a formulary exception.

If you are outside the transition period and experiencing circumstances that involve level of care change where you must change from one treatment setting to another, we will

cover a temporary transition supply up to a 31-day supply while you pursue a formulary exception.

### **Continuing Members**

As a continuing member in the plan, you should have received your Annual Notice of Change (ANOC) by October 31. You may notice that a formulary medication which you are currently taking is either not on the upcoming year's formulary or its cost sharing or coverage is limited in the upcoming year.

In this case, we will provide for a transition period consistent with the above transition process for new enrollees while you contact your doctor for appropriate alternative drugs on our formulary or request an exception.

If you have any questions about our transition policy or need help asking for a formulary exception, please call Claims Customer Service at (800) 693-1434, 24 hours a day, 7 days a week. TTY/TDD users should call (800) 693-0765.